



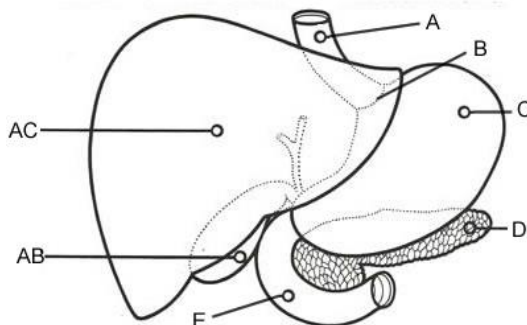
**WORK SHEET-1 Blocks 10,12**  
**GRADE: 4**  
**EVALUATION-3, 2018-19**  
**SUBJECT: SCIENCE**

**I. Fill in the blanks**

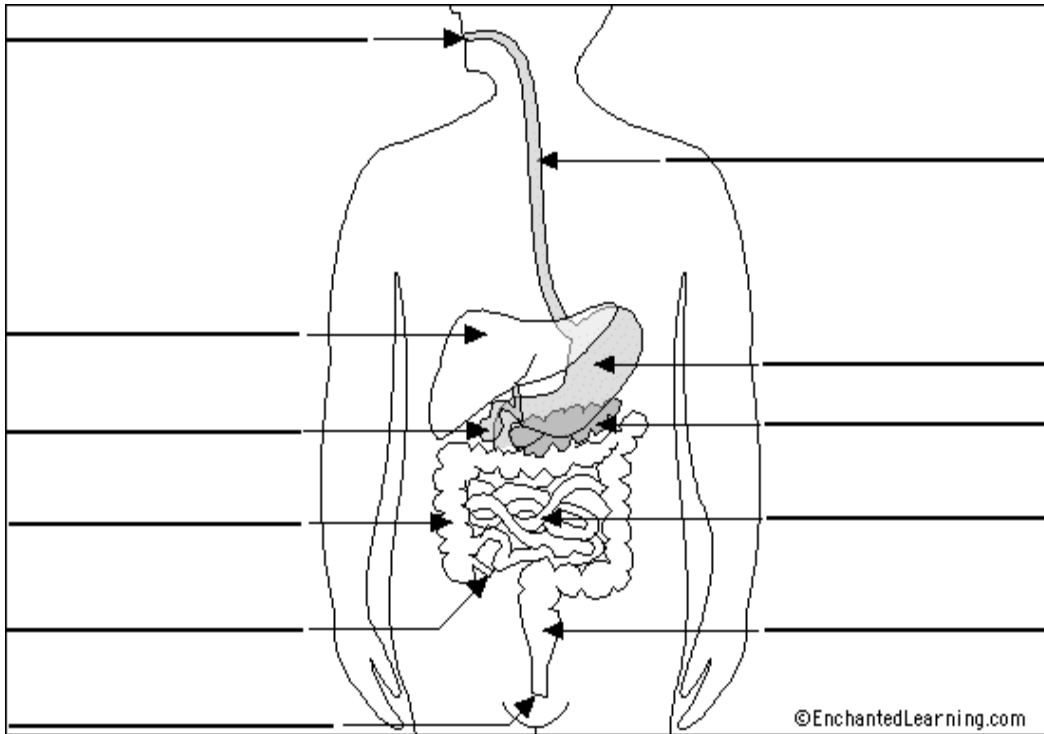
1. The process of taking food into the mouth is called \_\_\_\_\_.
2. Digestion helps our body to get \_\_\_\_\_.
3. The passage between the mouth and the anus is called \_\_\_\_\_.
4. \_\_\_\_\_ is watery substance in the mouth.
5. The part of the digestive system where nutrients are absorbed into the body is \_\_\_\_\_.
6. The exchange of gases takes place in the \_\_\_\_\_.
7. Cereals and oils give us carbohydrates and \_\_\_\_\_.
8. A food plan that has all nutrients in correct amounts is called \_\_\_\_\_.
9. We can use a \_\_\_\_\_ to plan a balanced diet.
10. \_\_\_\_\_ is a source of protein.
11. \_\_\_\_\_ is also known as foodpipe.

**II. Label the figures given below**

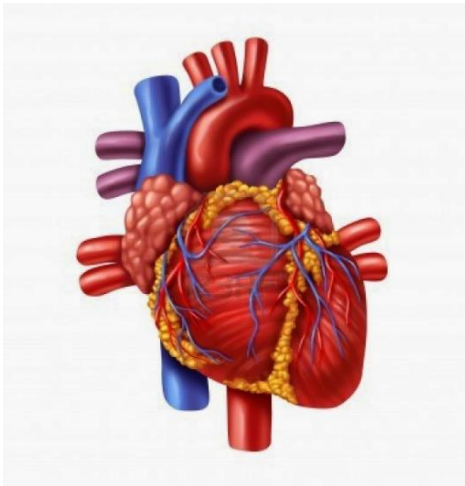
1. Label C and D in the figure



2.

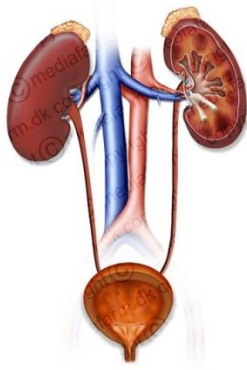


**III. Identify the picture and comment on it.**



1.

Urinary System



2.



3.

**IV. Give reasons for the following**

1. Food is mixed with saliva in the mouth.

---

---

---

---

2. Food from one group is not sufficient to keep us healthy.

---

---

---

---

3. Water is important part of our diet.

---

---

---

---

4. We should eat less fat

---

---

---

**V. Answer the following questions in three or four sentences each.**

1. Write the functions of brain in the body.

---

---

---

---

2. How do teeth help in digestion?

---

---

---

---

3. What is meant by digestion? How is it important for us?

---

---

---

4. Mention the role of small intestines in digestion.

---

---

---

5. Draw flow chart to show the sequence of steps during digestion.

6. How do doctors know what is wrong with which organ?

---

---

---

7. Name the food groups. Write any food items from each group.

---

---

---

---

---

8. What is the function of each nutrient?

---

---

---

---

---

9. Is the balance diet planning same for everybody? Why?

---

---

---

---

---

10. What is mid-day meal programme?

---

---

---

---

---

\*\*\*\*\*