NEW ALWUROOD INTERNATIONAL SCHOOL, JEDDAH K.S.A

SUBJECT: SCIENCE

FILE ! TERRAIN ALE: AL. C. LL.

WORKSHEET: 1

BLOCK: 1&2

GRADE: 6

I Choose the	correct answer				
1. The two plants whose stem we eat are				and	
A) Cabbage	b) sugarcan	e c)	onion	d) carrot	
2. Which food item is from an animal?					
a) Juice	b) spices	c)	honey	d) salt	
3. Monkey eats both plants and animals. Monkeys are					
a) Herbivores	b) omnivor	es o	c) carnivor	res d) scaveng	gers
4. A boy has bleeding gums. He is suffering from					
a) Rickets	b) goiter	c) heart	disease	d) scurvy	
5. An iodine solution is used to detect the presences of in a food item.					
a) Sugar	b) fat	c) starch	d) vita	amin	
6. Which substance provides energy to the body when consumed?					
a) Minerals	b) carbohyd	rates	c) vitamii	ns d) water	





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II Answer the following

(2 marks each)

- 1. What are the symptoms of protein deficiency in the body?
- 2. What are protective foods? Provide some examples of protective foods.
- 3. Why is it necessary to drink lots of water?
- 4. What is the importance of a balanced diet? Explain with examples.
- 5. Which nutrients are found in citrus fruits?
- 6. Why should food items be tested for presence of nutrients?
- 7. Why do carnivores have long, pointy canines?
- 8. What are the main ingredients in steamed rice? Where does it come from?
- 9. Why are sprouted seeds good to eat?
- 10. Why is milk nutritious?

III Answer the following

(3 marks each)

- 1. Draw a food web that begins with plants. The food web must have scavengers and decomposers.
- 2. List the parts of the plants that are sources of food and give two examples of food that we get from them.
- 3. Classify animals into three groups based on their food eating habits. Provide two examples for each group.
- 4. A large number of people in the Himalayan region suffer from goiter. Why?

